



TAKE ACTION!

**Learn about and support Mapendo New Horizons (<http://mapendonewhorizons.org/>)*
Rose Mapendo and her brother founded this organization to bring health care services and education to survivors in the Great Lakes Region of Africa. Check out their website and get involved!

**Raise Awareness for Congo Campaign*

Learn more about the devastating civil war that has plagued the Congo for nearly two decades at <http://www.pbs.org/independentlens/pushing-the-elephant/timeline.html> and **educate people** around you about the atrocities resulting from this conflict. The following organizations specifically focus on *bringing security, reconciliation and peace to the region*:

Raise Hope for Congo (<http://www.raisehopeforcongo.org/>)

Stop Raping Our Greatest Resource (<http://www.stoprapeindrc.org/>)

**Help stop the mining of conflict minerals*

Check out the Enough Project's Hope for Congo campaign: www.enoughproject.org

**Learn more about nonviolence and forgiveness and help spread the word*

The Metta Center for Nonviolence Education: www.mettacenter.org

The Forgiveness Project: www.theforgivenessproject.org

**Encourage the efforts of the organizations that support extending refugee protections by donating time, money or resources*

Refugee Women's Network (<http://www.riwn.org/>)

International Rescue Committee: (<http://www.theirc.org>)

Safe World for Women partners in Congo (<http://www.asafeworldforwomen.org/field-partners/assocdrcongo/cofapri.html>)